

Takemusu Aikido Seminar  
Copenhagen Denmark  
August 24-26 2012

Hoa Newens (USA)

Kayla Feder (USA)

Lewis Bernaldo de Quiros (NL)

Torben Dyrberg (DK)

Lars Landberg (DK)

Pia Moberg (S)

Åsa Bergström (S)

Three days of traditional Aikido taught by  
senior instructors in the lineage of the late  
Saito Morihiro Sensei



### Hoa Newens (USA)

6th Dan. Howard Hoa Newens Sensei is the Dojo cho of the aikido Institute of Davis in California and has practiced and taught Aikido since 1967. He is the author of the high quality technical series Aikido Curriculum (7 DVD volumes) and the recently published book Aikido Insights. His aikido teachers include Sensei Dang Thong Phong, 6th dan, Seiichi Sugano, 8th dan, and Morihiro Saito, 9th dan.

### Kayla Feder (USA)

6th Dan. Kayla Feder Sensei began her Aikido training in 1973 at the age of 9 and has trained continuously for 37 years. She is the chief instructor at Aikido of Berkeley and has trained under Morihiro Saito Sensei in Iwama, Japan. Feder Sensei has also trained with and been strongly influenced by Doran Shihan, Nadeau Shihan, Saotome Shihan, and Ikeda Shihan.



### Lewis Bernaldo de Quiros (NL)

6th Dan. Lewis Bernaldo de Quiros trained under the late Morihiro Saito Sensei (9th Dan) from 1986 until 1993 in the Iwama Dojo in Japan. Lewis is the Dojo Cho of Aikido Zutphen and technical director for TAKN, a network of Dojo's in The Netherlands committed to the Aikido of the Founder Morihei Ueshiba as taught by the late Saito Morihiro Sensei (9th Dan).

### Torben Dyrberg (DK)

5th Dan. Torben started Aikido in 1974 under Torben Kriegsbaum and Keith Olen Berger. He has also trained under Senseis Tomita Takeji, Ulf Evenas and Lasse Andersson. Torben visited the Iwama Dojo in Japan 5 times to train under Saito Morihiro Sensei. Torben is together with Lars Landberg, the chief instructor of the Copenhagen Aikido Club.



### Lars Landberg (DK)

5th dan. Lars is dojo cho (with Torben Bech Dyrberg) of the Aikido Club of Copenhagen. He has trained Aikido since 1979 and has been instructing since 1982. Lars has trained 3 times in Iwama under the guidance of Saito Morihiro Sensei. He has given camps in Denmark, Sweden, Ireland, The Netherlands, and Russia as sole instructor.

### Pia Moberg (S)

5th Dan. Pia started to train in kids classes in 1974 at Gothenburg Aikido Dojo where she was a student of Ulf Evenas Shihan. She established the Riai Aikido Dojo in Gothenburg 2003 with Jan Bratt. Her first visit to Saito Sensei in Iwama was in 1988.



### Åsa Bergström (S)

5th Dan. Åsa began her martial arts training with Judo in 1979 and Aikido in the early 1980s. She became a student of Tomita Takeji Sensei in 1991 and in 2000 she became dojo cho of Aikido Dojo Liljeholmen.

14 hours of classes  
with seven instructors

Location:

Idrætshuset  
Gunnar Nu Hansens  
Plads 7  
2100 København Ø.

Prices including lunch:

Full seminar: 100 euros  
Friday: 45 euros  
Saturday: 45 euros  
Sunday: 40 euros

Schedule:

Start: Friday 10:00  
End: Sunday 15:00  
Training hall is open from  
9:00 on all three days

Registration:

[subscription form](#)

Payment can be made in  
cash on arrival

Information:

[lars@aikido-copenhagen.dk](mailto:lars@aikido-copenhagen.dk)

Hostels: [hostels](#)

Hotels: [hotels1](#) [hotels2](#)

\* Open to aikidoka's of all levels and  
affiliations.

\* Bring bokken and jo.

\* Participants need to be fully insured.